**Meeting 1  
September 10**

**Present**: Cait, Sarah, Katie Zieba, Emily, Meghan, Ashley, Maeve, Luna, Jenn, Michaela  
**Excused Absence/Late**: Brianne  
**Unexcused Absences**: Kat, Katie Zimmer

Agenda

1. **Roles**
   1. In the Constitution
   2. Everyone seems clear on their roles and each other’s roles
2. **Expectations**
   1. That PsycSoc has for you and that we have for each other
      1. Tell Emily about absences and why you are absent with lots of advance (24 hours)
      2. Poor time management is not a suitable reason for absence, it will be marked as “unexcused”
      3. If missed or considerably late without notice = **unexcused absences**
         1. Formal warning
         2. Another absence, will be a vote in regards to whether they should be removed from the society
         3. Then anyone can be given the chance to run for the position
      4. Check email daily: day and a half to reply to things, LET THE CO-PRESIDENTS KNOW THAT YOU’VE RECEIVED THE EMAIL
      5. Execute your position effectively and positively
3. CSAHS-SA board meeting (Cait and Katie)
   1. Leadership incentive
      1. Develop your leadership skills, improve or learn more about how to be a better leader and team member
      2. CSAHS voted to bring it down in price from 80 dollars to 40 dollars
      3. Anyone in our college can do it
      4. Administer a test: Strength Quest Report
      5. Helps meet people, build valuable connections, good on a resume
      6. **2 days: September 20 and November 18 (September date is Homecoming, from 10am-4:30pm) – both Saturdays**
         1. Have to go to both days
         2. On gryphlife, go to events, September 20, you can find the event, says how to apply
         3. **September 15 is the deadline to sign up**
      7. Meghan: put something on social media
   2. United Way
      1. Societies compete to raise money
      2. Prize for the biggest amount raised
      3. All the Colleges compete and the ASO’s
      4. Half of our Clothing profits could go towards the United Way
   3. Capture the Flag
      1. Get students involved
   4. Brainstorming for each college to have its own colours
   5. Budget overflow (10, 000 dollars)
      1. Can be sponsored by CSAHS for events
      2. Should do that for our events
4. Budget
   1. Meet the Profs will require a chunk of money
   2. Next week: Luna find out what our budget is, come back next week with that information
   3. O-week event cost around 500 dollars – was a big success
5. Event Brainstorm
   1. General member meetings
      1. 4 different levels:
         1. exec (us)
         2. general members
            1. one meeting a month
            2. first Wednesday of every month represent the general student population
            3. don’t have voting rights, listen in, give us feedback about events
            4. selected by having them answer 4 questions regarding why they want to be a general member, no more than 15 of them
         3. email list (don’t want do anything but want to be involved)
         4. psych students

* Need to SRM (Student Risk Management) the meetings (Sarah will do that this week)
  1. Relay for Life Team – 2nd semester
  2. Colouring contest
  3. Meet the Profs
     1. More organized
     2. Ice breaker this year
        1. Bingo sheet
     3. So-CO’s and academic coordinators (especially So-co)
     4. Still keep it casual
  4. Something around Midterm time – study tips? Stress buster?
  5. Grad student/TA version of Meet the Profs
  6. Thesis session
     1. Get involved with TA’s for that
  7. Prof panel
     1. Debates, discussions
  8. Relationship panel?
  9. Meet and greet with upper year classes or first year classes
     1. Not bashing
     2. Pick panel of upper year students for the panel
  10. Profs talking about their research
  11. Clothing sale
      1. First semester
      2. Half of profits go towards United way
      3. **In October (last week)**
      4. Talk about it next week and the 1st
  12. 2nd semester textbook exchange, cookies and cram
  13. Intramural team – dodgeball? Volleyball? Inner tube water polo?
      1. Need to sign up by this week
      2. $70 dollar deposit (for the society as a whole) – if you attend all the games then you get it back
         1. Miss one game get half or something of that effect
      3. Emily – check the times for intramurals that we’ve mentioned
  14. Event for first year psych students to meet new people
      1. Only two first year classes, so there should be something to help them meet each other
      2. Small event
      3. **Beginning of November**
  15. Pair with SOAN
      1. Overlap in our programs
      2. FRHD, maybe pairing with them
      3. Board meeting: want more people to know what CSAHS is so to pair with other societies to get the word out
  16. Team building within the society
      1. Board games, dinner, Cannon painting?

1. Elections
   1. Third year rep, second year rep, and two first year reps still needed
   2. Meghan will post on social media
   3. Class talks?
   4. In elections: Can talk for 2 minutes about why they want to get involved
   5. Poll on Facebook to figure out who does class talks for which classes (once we have the date finalized)
   6. Post positions that we are looking for online
   7. Do general member elections on same day
   8. **September 24 possible date? Need to see about SRM**
2. HASHTAG: #getpsyched
   1. With the E!!
   2. Theme for the year, have it for all of our events
3. Rough calendar of events
   1. **September**: organization focus
      1. Small event?
      2. Think of ideas by next week if we want to do something quick (first year event? “You survived the first month”)
      3. Start discussing clothing sales – next meeting focused on it
   2. **October**:
      1. How to get into Grad School – early October (week of the 5th, Fenske/Gonzales)
      2. Clothing late October (October 1 could be clothing planning)
   3. **November**:
      1. Meet the profs at the beginning
      2. **S**tress buster/colouring contest at the end
4. LAUNCH event
   1. SRM, free food! If you can come the come
   2. Meghan send out other dates for SRM training
   3. SRM.CSA.ca to find out dates
   4. 5:30-8:45pm is the times this Friday in MACK (check the email)
5. Gryphlife needs to be updated
   1. Elections posted on there?