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| Agenda for Oct 14th 2015 |
| Attendance: Kathleen, Cait, calla, josh, Stephanie, Abigail, Noah, Gavin, Bre, Brianna, Gillian, Megan, Taylor, Michaela, Emily  Excused Absent: Jenn |
| **Presidents Announcement** |
| * Co-president-member meetings: a chance for us to get to know each other better, for you to provide feedback and talk about what you want out of the society * Will be getting in touch with everyone soon! |
| **Acco** |
| 1. How to get into Grad school: October 22 from 11:30-1:30 with Fenske  * Be there at 11:20 to set up * Bring psyc soc contact sheet to put on doccam * Bring listserv sheet for signup to hand in * Powerpoint on department website * Notes from last year on psycsoc website   Poster run:   * **Ashley** will make combo poster with clothing sales * **Calla** will do poster run on Friday * Contact Emily for details how to * Gillian willing to help * Google doc will contain info (\***Anyone** has any info that has not been said in google doc feel free to add to it!)   Class talks:   * **Anyone** in third or fourth year courses do class talks for them * **Emily** will sent out emails to profs(we talked about how it would see more credible, and profs would be more likely to respond) * Do class talks in the time slot closest to the event   Experimental Methods: Tue, Thur 1-2:20 RICH 2529 **Brianne Emily** 🡪 Marmurek   * Come with contact sheet and announce you can email psycsoc for notes   Abnormal: Tues, Thur 10-11:20 MCLN 102 **Josh EM** 🡪 McMurty  Cross-Cultural: Tues, Thur 11:30-12:50 MCKN 117 **Josh EM** 🡪 Giguere  Health: Tues, Thur 8:30-9:50 MCKN 117 **Josh EM** 🡪 O’Doherty  Psyc Measurement: Mon, Wed, Fri 10:30-11:20 RICH 2520 **Ashley EM**🡪 Powell  Clinical: Wed 2:30-5:20 MCKN 237 **Emily**  Cognitive dev: Tues, Thur 2:30-3:50 MCLN 102 **Bre EM**🡪 Barron   1. Event: Thesis Info night (third year event) 2nd/3rd week of NOV  * Emailed Gloria about potential dates, waiting for response * Will vote on room and date once she responds * Will do class talks for 2nd and 3rd year courses  1. Conference/Convention  * Victoria: in June * costs $215 for students * Look into travel grants * Looking into slef * Apply to deans grants * Volunteer/present get $60 off  1. Career Night  * Planning on having it in January, will plan this semester * **Michaela** look into booking UC room asap |
| **Socco** |
| 1. First Year Event  * Feedback: Not huge turnout, but those who came seemed to enjoy it  1. Clothing Sales  * **Michaela** will get email to contact aggie board * Look to paint on Monday * Combining poster run with grad school event * **Everyone** sign up for time slots * **Everyone** send your in your designs by Monday (think about black and white designs) * **Soccos** look into exec clothes and sweatpants  1. Event proposals  * **Everyone** read the event proposals (at end of doc) for next meeting * Think about top 3 ideas you like |
| **Treasurer** |
| * Thesis night: $75 gift and advertising * Leaves roughly $1500 for other events in the semester |
| **Year Reps** |
| * Sign up for clothing table shifts * Get the word out! |

**Event Ideas:**

* a social experiment that could include any U of G student. We understand that SRM might be a factor with this, but it might also be fun and potentially rewarding for all students. Potential ideas might involve making a video documenting an experiment where students (actors) drop a $5 bill and see how others respond. This would be a great video if the subjects were to display good qualities and return the money to the student who dropped.
* As finals approach perhaps we can run a drop-in study session for psychology students in all years. Everyone would be studying so it won't take time away from our own work, but it will be designed to be able to connect with other people from the class to ask questions or do group studying.
* A button making event – kills two birds with one stone as we make a ton of buttons and students get to make their own and keep them, could be marketing to all students as well
* Psyc Trivia night or game board night or tournament (something like the Catan tournament last year)
* “Pamper Yourself”: it would occur around midterms or exams. Booths would be set up with lavender scented items for testing. As lavender is known as a soothing and relaxing scent. Chamomile tea would be set up for tasting, as it has been shown to reduce anxiety. Nail Painting stations could be set up, for those who would like a manicure.
* Pumpkin carving event with psychology related images that could be traced and prized could be awarded for the best ones
* Warm up with the psych society!: provide hot chocolate and marshmallows, meet people in your program, provide a study space
* Have a psychology fundraiser for mental health or some other issue pertaining to psychology. We can do a bottle drive, have a silent auction, go to classes and collect money, or host an event where tickets are bought. Something to help those who are suffering from issues that we learn about in many of our psych classes.
* Speed Meeting and Sundaes with the Psychology Society. This would be speed dating basically with Psychology students so everyone could meet people in their program. The first hour would be this speed-dating style event with fun psych related questions as conversation starters (I.e. Would you rather have Skinner or Freud for a father?). This would be followed up by an hour of mingling with new friends and make-your-own sundaes.
* I think in November there is mental health awareness week it would be a good idea for us to plan an event to run under their week. Some ideas I had were to hire someone to teach some meditation, as there’s a lot of research out there that shows meditation helps to decrease stress, or even hire an instructor from the fitness centre to put on a free fitness class.
* potential next year first year event – Apple picking! – suggested by a general member
* I was thinking we may still be able to do a social event that is holiday related! Maybe late November/early December we could do a Q&A with profs on the "holiday spirit"; what makes some people motivated around the holidays to go above and beyond with generosity while others become Scrooge-like.
* Comedy Night during Mental Health Awareness Week – laughter as the best medicine, Emily knows someone through Making Box theatre that does comedy, improve etc.
* RELATIONSHIP PANEL – as in previous years